

Using the Seminars

A Quick Reference Guide for Family Reps

	Orientation	Discovery	Focus	Principles
Purpose	To educate, inform & enroll in working the program	To connect with a greater part of self (the Magical Child) & identify the truth of who you are	To LIVE the truth of who you are & take a stand for your life	To create personal values & start living a values-based life
Requirement to Attend*	Not in active resistance or destructive or disruptive (do not pull out of intervention to come to seminar)	Orientation Graduate Complete at least 100% of Welcome to Discovery workbook Level 2 Facility support	Discovery Graduate Complete Welcome to Focus workbook Level 3 Near or ready for upper levels	Focus Graduate All Focus grads should attend.
Graduation Requirement	<p>No blatant disrespect or refusals Not sabotaging another person's experience Putting at least some effort into completing homework Minimal participation</p> <p>NOTE: <u>Cross Creek Only</u> Orientation is now the 1st seminar. This means students must earn graduation. We will hold higher standards based on your request. They must have over 80% of the homework complete. They must be actively working in the Feel the Weight Process. They must be participating at an entry level of commitment</p>	<p>No blatant disrespect or refusals Not sabotaging another person's experience No scandalous behavior Demonstrated commitment to group purpose created in seminar Significant effort on homework Active sharing & emotional revealing in small group Focus on beliefs & feelings, rather than stories & events Contribution in large group.</p>	<p>No blatant disrespect or refusals Not sabotaging another person's experience No scandalous behavior Demonstrated commitment to group purpose created in seminar Maximum effort on homework Significant sharing & emotional revealing in small group <i>AND</i> large group; not hiding secrets Focus on beliefs & feelings, rather than stories & events Talking about self, not mom & dad</p>	<p>Completion of Welcome to Principles workbook 100% No blatant disrespect or refusals Not sabotaging another person's experience No scandalous behavior Active participation Completion of all assigned work in seminar</p> <p>NOTE: This is the 1st self directed seminar community for the teen. There is nothing to gain here but the learning. If they do not really take it on the first round after Focus, I would not vote them up. They should be nearing the upper levels and need to take</p>

	in the training if they expect to graduate.		Standing powerfully for self & others; challenging self & others: Leadership	themselves on in order to create change.
Primary Topics & Tools	<p>Overview of program, seminars & primary principles</p> <p>Agreement vs. Commitment</p> <p>Prices & Rewards for breaking agreements</p> <p>Integrity</p> <p>Image</p> <p>Comfort Zone (9-dot box)</p> <p>Accountability and Responsibility</p> <p>Langue used by Victim vs. Accountable people</p> <p>Create Personal Workshop</p>	<p>Review of Orientation</p> <p>Integrity and Trust</p> <p>The Right/Wrong game and the damage it creates</p> <p>Victim vs. Accountable</p> <p>+5 Commitment Chart</p> <p>Power of accountability & choice (voting 1-4)</p> <p>Grungies vs. Payoffs</p> <p>Have To vs. Choose To</p> <p>Accountability Formula</p> <p>Intention vs. Mechanism</p> <p>Iceberg (humans are only 10% conscious; 90% unconscious drives results; we must get conscious)</p> <p>Meeting & connecting with Magical Child</p> <p>Creating Draft Contract</p>	<p>Review of Discovery</p> <p>Contract carved in stone</p> <p>Reasons or Results</p> <p>Power of Purpose</p> <p>Giver vs. Taker</p> <p>Excellence vs. Perfection</p> <p>Merging Adult & Magical Child</p> <p>Voting to LIVE for self & others</p> <p>Power of stretching in life to grow & change</p> <p>NOTE: Have them repeating their contract in group and often during the day. This is a valuable item for you to use in confronting behavior. "Who are you and how does this support you in being real?"</p>	<p>Personal Values</p> <p>Importance of living a values-based life</p> <p>Clothes and Values</p> <p>Friends and Values</p> <p>Music and Values</p> <p>Value Cards</p> <p>NOTE: Value cards should be referenced often after this seminar. This is a concept we also work with the parents. The student supposedly chose these values. Are they living them? The question to ask when you see old behavior or attitude is "How does this support YOUR values? What are you doing to live your values today?"</p>
Expected Outcomes	<p>Open to the process of the whole program</p> <p>Recognition that there's work to do & something to work for</p> <p>Understanding that the game is over!</p>	<p>Connection with Magical Child</p> <p>Understanding of & connection to cardinal principles</p> <p>Increased level of commitment to the process (following rules, open, curiosity, willingness.)</p>	<p>Owning & living who I am, my ground of being</p> <p>Solidly rooted in the principles</p> <p>Connecting with & taking ownership of my Magical Child</p> <p>No more victim of mom and dad</p> <p>Clarity that it's my life, my choice</p>	<p>Commitment to living life according to own values, not those of others</p> <p>Values card to carry & remember values</p> <p>Recognition of what's required to succeed at home</p> <p>Ready for Upper levels</p>
	<p>What it's going to take to succeed & get home</p> <p>Agreement is about giving my word; commitment is</p>	<p>Everything from Orientation</p> <p>Accountability is not just about what I did, it's also</p>	<p>Everything from Orientation & Discovery</p> <p>Purpose, Vision, Goals, How</p>	<p>Everything from Orientation, Discovery & Focus</p>

<p>What Graduate Should Know</p>	<p>about my choices & action Clear agreements are important Integrity is critical in relationships. Keeping my word is the way to build integrity & trust Image is a way to protect, hide & get approval</p>	<p>about the emotions & beliefs running my choices & behavior Trust is earned over time There are no large or small agreements, only large or small consequences Power of intention (there are many ways to get across the room) Using Grungies (negative emotions) as a means to manipulate Guilt is an excuse to keep doing the same thing Attitude is key differentiator; it's my choice I am the source of my own experience What a SMART goal is</p>	<p>Impact that I have on others My commitment to my own life is critical Life (& the program) is an ongoing process; you're never going to be "done" or "over it." I must continue to work to know what is going on with me so I can be in conscious creation of what I want Contract is the truth of who I am</p>	<p>Own personal values and how they are defined Values are consciously chosen guiding principles that actively encompass every area of my life Living a values-based life is simple and clear, but not necessarily easy To succeed at home, I must release my old friends, old ways of doing things, old clothes, etc. I may not like it, but it's what will work.</p>
<p>Practice to Prepare for Next Seminar</p>	<p>Spend time in Workshop Explore life story, events that lead to decisions & beliefs Get clear on primary self-limiting beliefs Complete goals set</p>	<p>Say Draft Contract all the time! Know it, live it Take action to stay connected with Magical Child Practice Accountability Formula "There's more than one way to get across the room" Complete goals set</p>	<p>Remember stretch experience Take massive action to stay connected to & LIVE contract Complete goals set Everything from Discovery</p>	<p>Always ask, "Is this in alignment with your values?" Make choices that are in alignment with values Complete goals set</p>

**May vary by facility. These are the recommendations of Premier Educational Seminars. Your facility may have other specific requirements.*

Primary Principles of All Seminars

The Universe Rewards Action, Not Just Thinking

What I Fear, I Create
That Which is Not Acted Upon is Not Learned
Nothing Can Change When You Are Comfortable
What I Create in the Seminar (and the Program) is a Mirror of My Life
The Purpose of Education is to Unsettle the Mind
There Are No Accidents
Based on Results You Have Exactly What You Intend
Behaviors Follow Beliefs...Always!
+5 Commitment Chart

Other Resources to Understand Seminar Concepts

The written Review Material provided to trainees via download from the parent support services web site
Seminar Overview manual available for download at parent support services web site
The Community workbooks (“Welcome to [next training name]”)
Facilitators! We are here to serve and support you! Please come ask us questions anytime we’re on campus!